

theCAPSULE

FALL 2017 | VOLUME 7

MEET THE NEW LLUSP DEAN

Dr. Noreen Chan Tompkins describes her first several months at the School and her vision for its future.



LOMA LINDA
UNIVERSITY

School of Pharmacy

LETTER FROM THE EDITOR

Typically, you would see a letter from the Dean in this space. But we've already got a cover story about our new Dean, Dr. Noreen Chan Tompkins, and it's written for the most part in her words about her time at the School of Pharmacy since the beginning of this year. So, instead, I am taking this opportunity to introduce myself.

If you were a student at the Loma Linda University School of Pharmacy within the last five years, you may have seen me working in the Department of Experiential and Continuing Education, or the Department of Pharmacy Practice, or the Office of the Executive Associate Dean, or the Office of the Dean — you could say I've moved around a lot since I started working here in 2012! And my latest move has been into the Office of Alumni Affairs. This new role is very exciting to me, and I look forward to serving our alumni and communicating the wonderful things happening at our School. You see, I feel amazingly blessed to be here.



LLUSP is a very special school. Its students, residents and fellows learn to be a light in this world, helping others and living with passion and wholeness. School administrators search constantly for new and better ways to impact students and the surrounding community. Faculty members are dedicated to providing quality education and to supporting their students when they struggle. Our alumni continue to answer God's calling, serving patients earnestly, impressing employers and making their marks on the pharmacy industry.

As you read through the following pages, may you sense all of this and feel not only blessed, but also proud to have a connection to this place!

Jen Mathew

Jen Mathew, MA
Director, Alumni Affairs & Communications

theCAPSULE

STAFF

Executive Editors
Noreen Chan Tompkins
Andrew Haglund

Editor
Jen Mathew

Associate Editor
Jana Neilsen

Art Direction & Design
Karem Pedersen

Contributors
Aaron Ahn
Willie Davis
Eric Drab
Jessica Gray
Stephanie Hamilton
CJ Jacobson
Nancy Kawahara
Justin Kinney
Nicolas Min
Briana Pastorino
Nicole Pyo
Rena Sackett

Photography
Carl Canwell
Jennifer Mathew

CONTACT US

Address
Loma Linda University
School of Pharmacy
Shryock Hall
24745 Stewart Street
Loma Linda, CA 92350

Phone
909-558-1300

pharmacy.llu.edu



For Questions, Announcements,
or Change of Address
pharmacyalumni@llu.edu

Published by Loma Linda University
School of Pharmacy

FALL 2017

CONTENTS



FEATURES

- 4 MAKING GLOBAL MISSION LOCAL
- 9 SCHOOL OF PHARMACY'S NEW DEAN
- 28 GIRL, RUNNING (AND STUDYING)
- 32 PURSUING HIS PASSION: DR. WILLIE DAVIS

SECTIONS

- 4 SCHOOL NEWS
- 14 OUTREACH
- 23 STUDENT HIGHLIGHTS
- 30 FACULTY UPDATES
- 34 ALUMNI NEWS

Making Global Mission Local

By Jana Neilsen



Loma Linda University School of Pharmacy alumna Danielle Davis-Khoromana, PharmD, RPh is starting to become a familiar face on the pages of the Capsule. In the fall issue of 2013, Dr. Davis-Khoromana was featured for her year of mission service in Malawi following her graduation in 2012. Now, she continues her mission service locally in the LLUSP-owned and operated pharmacy at the Loma Linda University Health – San Bernardino health care complex.

Operating its own pharmacy has been a dream at LLUSP for many years. Davis-Khoromana, the visionary behind the new pharmacy, said it has taken perseverance to get through the journey. “Health care is challenging and pharmacy even more so in an underserved area, but we are not your typical pharmacy. We focus on devotion to patient care, education of students and innovation of pharmacy practice.”



Rashid Mosavin, PhD, MBA, RPh, LLUSP Executive Associate Dean, said that pharmacies owned by a pharmacist often provide the best patient care. “Through our pharmacy at the San Bernardino complex, we can train our future pharmacists in the art of community-oriented care.”

In addition to Davis-Khoromana, who serves as Pharmacy Supervisor and LLUSP Assistant Professor, are clinical pharmacist Rocco Massimiano, PharmD, and pharmacy technicians Jeannette Gomez and Mandy Palma.

Rotating through the LLUSP-San Bernardino pharmacy for clinical training will be LLUSP students as well as students from San Manuel Gateway College once the planned pharmacy tech program starts.

According to LLUSP Dean Noreen Chan Tompkins, PharmD, BCPS-AQ ID, the school is delighted to have a devoted pharmacy team to serve the Inland Empire community. “Being able to educate and service patients as well as train pharmacy and pharmacy technician students in this new beautiful space will provide a wholesome experience for all.”

The new pharmacy, located on the ground floor of the new LLU Health complex, was

celebrated with a ribbon cutting on April 14 and is now open to the community. The building, visible from the 215 freeway in San Bernardino, is located on South G Street. Davis-Khoromana invites other alums to stop by, and she, of course, welcomes referrals.

Davis-Khoromana was named an LLU Global Service Awardee following her service in Malawi. She continues to live out the global “teaching and healing ministry of Jesus Christ” every day through her work in the School of Pharmacy.

Loma Linda University School of Pharmacy Pharmacy – San Bernardino

Address

250 South G. Street
909-771-2990

Hours

Monday – Thursday
8:30 a.m.–5:30 p.m.

Friday

8:30 a.m.–2:30 p.m.

TENTH ANNUAL BRICK AWARDS CEREMONY HONORS EVENT'S FOUNDER

By Nicole Pyo

Lemony Snicket once wrote, "Just because something is traditional is no reason to do it, of course." Absolutely. However, perhaps it was for the purpose of building a better tomorrow, one brick at a time that Scott Glenn (2011), started the tradition of the LLUSP Brick Awards. Each year, the collective talents of PY2 students have come together to present the individual and unique Brick Awards. The 2017 Golden Brick Awards ceremony was hosted by the Class of 2019, featuring Zadkiel Entsuah (2019) as DJ and the comic emcee duo William Letu (2019) and Isaac Lee (2020). The hosts also invited Brick Awards originator, Dr. Scott Glenn, and his family to attend the event.

This year's ceremony marked the 10th anniversary of acknowledging fellow classmates, faculty and staff for their not-so-professional achievements. To recognize this momentous occasion, Dr. Glenn and his family were invited to attend the event and join in on the ribbing. A few examples include the "Viva La Micha" award, commending Micha Rivet for his dedication to IT help, and the "Realest Professor" award that recognized Dr. Willie Davis for being the most "down-to-earth" faculty member.

Spending time with fellow students for the months and years that it takes to earn a PharmD will inevitably allow classmates to learn each other's quirks. This is their opportunity to capitalize on those little inside jokes that are only understood by each other. Each class came up with superlative titles for individual classmates, including "Best Hair," awarded to Quang Vu (2020) and "Best Sprawled-out Sleeper" to David Sur (2019). Seung Song (2018) received the "Most Likely To Be the Next Dr. Tafreshi" award, named after one of the most beloved professors among pharmacy students.



One of the highlights of the Brick Awards was the student music videos and skits showcased that evening. Laughter was abundant and endorphins were freely released as the creative gifts of each class were displayed. The classes of 2018 and 2019 battled against each other in carpool karaoke. Rena Sackett (2019) sang a pharmacist's version of "How Far I'll Go" from Disney's Moana. Shawnee Daniel represented the Class of 2018 as they prepare to leave campus and begin their APPE rotations in her music video rendition of "One Call Away." Home-made videos from the ACLS course demonstrated student skills with dramatic flair.

Finally, Dr. Glenn was honored and presented with a golden brick. What started out as a one-time event has grown into a favorite annual tradition where faculty, staff, and students can connect with each other outside of the classroom, eat, laugh and enjoy student talent. This year, the Golden Brick Awards certainly lived up to that reputation.



THANK YOU, LLUSP PRECEPTORS!

By Jessica Gray

With summer beginning and the school year ending, it was no better time for LLU School of Pharmacy to show preceptors our gratitude. On June 14, 2017 the Department of Experiential and Continuing Education hosted a Preceptor Appreciation Dinner.

Mrs. Bushra McCarty, the IPPE Administrative Assistant who interacts with preceptors on a daily basis, believes "it's important to show our preceptors that we appreciate not only them, but the time they invest in our students and the betterment of future pharmacists." The intimate dinner at The Mission Inn allowed staff, faculty, and preceptors to put faces with the names they are used to seeing at the end of emails.

The Department of Experiential and Continuing Education wants to offer students the best clinical rotations. Dinners like these allow those involved in that process to interact on a level that strengthens bonds. Dean Noreen H. Chan Tompkins, PharmD, BCPS-AQ ID provided preceptors with a thorough overview of the School of Pharmacy's goals. With "Vision 2020" inspiring changes campus-wide, Dr. Chan Tompkins discussed the school's commitment to providing the best learning environment for students and preceptors, while also recognizing the importance of incorporating the Christ-centered approach of wholeness. The Dean hopes that preceptors will work with the school to encourage students to serve as a resource to those they interact with.

The event also encouraged preceptors to voice new and creative ideas about how the Department of Experiential Education and the School of Pharmacy as a whole can interact with preceptors in the future.

New Director of IPPE, Farnoosh Zough, PharmD, BCPS, was formally introduced to preceptors that night. She found it rewarding



to hear preceptors' perspectives on curriculum. "It's important getting to know preceptors on a more personal level," shared Dr. Zough. "Receiving their feedback on curriculum changes the way we can better prepare our students for clinical rotations." No single clinical rotation is like the other; however, it is imperative that the foundation of the rotations be held to a high standard and constructed in a way that will benefit the student.

The dinner proved successful with preceptors, staff and faculty reassessing their approaches to achieving common goals. Because of the positive response, the Department of Experiential and Continuing Education plans on hosting more appreciation dinners for preceptors in the future.

COLLABORATION CONTINUES WITH THE SCHOOL OF DENTISTRY

The second annual interprofessional education curricular event between the LLU Schools of Pharmacy and Dentistry took place on May 15, 2017. Building upon the coordination and feedback from a similar 2016 event, School of Pharmacy Associate Professor Dr. Alireza Hayatshahi, School of Dentistry Assistant Professor, Dr. Erin Stephens, and staff member Mrs. Jen Mathew, planned a single-class meeting between D-2 students in the Pharmacology and Therapeutics course and PY2 students in Cardiovascular II course. Held in the Wong Kerlee International Conference Center, the event facilitated interprofessional learning between 167 dental and pharmacy students who were assigned to mixed groups and required to work together to solve five patient cases and subsequently answer questions from professors. Several other faculty members from both schools assisted in evaluating the effectiveness of each group's collaboration and participated in a Q&A session with students. Surveys completed after the event revealed improved attitudes of dental and pharmacy students towards each other's professions and the importance of working together.

The event has been so successful that representatives from other LLU programs have contacted Dr. Hayatshahi requesting that their students also be involved. Plans are underway for a third annual experience of this kind, which may also include students from the School of Medicine and the dental hygiene program.



LLUSP HOSTS THIRD ANNUAL RESEARCH DAY

By Willie L. Davis, Jr., PhD



Faculty members in the clinical, pharmaceutical, biological and administrative science disciplines regularly publish their work in research journals and give research presentations at local, national, and international meetings. Whether in the laboratory, clinic, classroom, or community, our faculty are engaged in improving healthcare, advancing scientific discovery, and improving pharmacy education. In addition to these achievements, the leadership of the school decided that we could improve our productivity even further. Therefore, we established the goal of refining and maturing the culture of research and scholarship within the school. After a series of conversations between former LLUSP dean and two department chairs, it was determined that one way to accomplish this goal was to start an annual research day program. In this way, the Loma Linda University School of Pharmacy Research Day was born.



Research Day affords an opportunity to celebrate some of our accomplishments and, most importantly, to expose our students to some of the research that is going on at LLUSP. The first research day was held on May 14, 2015 in the Wong Kerlee Conference Center. In May 2017, we held our third research day in the Chen Fong Conference Center. Over the past three years, more than 120 posters have been presented during these events. Around

RESEARCH GRANT AWARDS TO LLUSP

- Two faculty members, **Wei-Xing Shi**, PhD and **Richard Maskiewicz**, PhD have been awarded RO1 research grants from the National Institutes of Health.
- Four faculty members, **Wei-Xing Shi**, PhD, **David Weldon**, PhD, **Victoria Maskiewicz**, PhD and **Kristopher Boyle**, PhD, have been awarded collaborative research grants by the Loma Linda University Office of Research Affairs.
- **Ike de la Pena**, PhD, a postdoctoral fellow in the Department of Pharmaceutical and Administrative Sciences, was awarded a research grant from the American Heart Association.

70 students from PY1s-PY4s have been authors or co-authors of research abstracts. Our pharmacy residents and post-doctoral fellows have also presented during each of these events.

We strongly believe that by holding this event on an annual basis, we have taken a large step in improving the research and scholarship component of our school's academic program. The fourth edition of the Loma Linda University School of Pharmacy Research Day will be held on Thursday, May 17, 2018, 10 a.m.–1 p.m. in the Chen Fong Conference Center in the Centennial Complex. We invite alumni to join us to see all of the good things that are happening at your school.

School of Pharmacy's New Dean

By Jen Mathew

Loma Linda native Dr. Noreen Chan Tompkins resigned from her positions as Clinical Pharmacy Specialist in Infectious Disease at Allegheny General Hospital, Adjunct Clinical Instructor at Duquesne University Mylan School of Pharmacy, and Associate Clinical Preceptor of Pharmaceutical Sciences at University of Pittsburgh School of Pharmacy in Pittsburgh, Pennsylvania, to begin her tenure as the Dean of the Loma Linda University School of Pharmacy in January of this year. However, so that her three children (ages 18, 14, and 12 years) could finish out the school year in Pittsburgh, she spent the next six months flying back and forth between her Pennsylvania home and Loma Linda. Then, mid-June, Dr. Chan Tompkins and her family made the 2500-mile drive to finally move out to Southern California. Now full-time at LLUSP, she took time out to reflect on her cross-country travels, the first half of 2017, and the reasons God called her to our School.



Dean's Quick Facts

Bachelor of Science (1986)

Pre-Pharmacy Studies
Loma Linda University
Riverside Campus

Doctor of Pharmacy (1990)

University of Southern California

Pharmacy Practice

Residency (1991)

University of Pennsylvania
Health System

Pharmacy Practice

Residency(1992)

Anti-Infective Therapy
University of Pennsylvania
Health System

Immunization

Certification (2000)

BCPS Certification (2014)

ID Certification (2015)

Recent Publications

Walsh TL, DiSilvio BE, Speredelozzi D, Hammer CD, Hu K, Abdulmassih R, Makadia JT, Sandhu R, Naddour M, Vishwnathan S, **Chan-Tompkins NH**, Trienski TL, Moffa MA, Bremmer DN. Evaluation of Management of Uncomplicated Community-Acquired Pneumonia: A Retrospective Assessment. *Infectious Diseases in Clinical Practice* 2017;25:71-5. DOI: 10.1097/IPC.0000000000000468.

Walsh TL, Chan L, Konopka CI, Burkitt MJ, Moffa MA, Bremmer DN, Murillo MA, Watson C, **Chan-Tompkins NH**. Appropriateness of antibiotic management of uncomplicated skin and soft tissue infections in hospitalized adult patients. *BMC Infectious Diseases* 2016;16:721. DOI 10.1186/s12879-016-2067-0.

You just drove across the country to move here with your family. Tell me about your trip.

I think it went as well as we expected. We got started a little later than I had anticipated; we'd wanted to leave around 8 a.m. Friday morning, but we didn't leave until about 1 p.m. Still, we made pretty reasonable time. My husband and I decided that we didn't want to drive too long each day for safety reasons, so we tried to keep the drive to 8-9 hours at a stretch. The drive across country, seeing God's country, was extremely valuable. We were able to get a historical perspective as we traveled. We visited Mount Rushmore. We were also able to reconnect with some friends in the Denver area. They were friends from the Pittsburgh area who had been very heavily involved in Pathfinders with us. We also really enjoyed Bryce Canyon in Utah. In our first few days of travel, we saw six beautiful rainbows in the sky which reminded us of God's promise.

We truly felt that God was with us during our travels, especially after running into some rather dangerous situations. After one of our stops for a late lunch in Grand Junction, Colorado, we'd proceeded to the freeway and discovered it was blocked off by police officers. We figured there had been an accident and looked for an alternate route. Soon, we smelled smoke, and learned that there had, indeed, been a head-on collision which had also sparked a fire. We knew we had just missed it by a few minutes and were thankful we had not been on the highway at the time. Also, when we were leaving Bryce Canyon, we saw a big cloud of smoke in the distance. Come to find out, a fire had started in Brian Head the night before. We were driving in the direction of the fire, and I was wondering if it would be safe to continue. We ended up driving right by the fire. We could see the flames as we drove past and were thankful for God's protection and guidance.

What are some of the things you are excited about, now that you have moved to Southern California together?

I'm excited to be back home, to be able to visit with family on a more frequent basis. I'm also excited to be back in the Loma



Loma area where I can dialogue a lot more with the Adventist community and friends I haven't seen in a long time. I've missed that. Not that I didn't get it in Pittsburgh, but it has a much smaller Adventist community with perhaps 150 who attend weekly church services. Here, we have this whole town where I can interact with so many people with similar beliefs.

You began working for LLUSP in January of this year. How do you feel the past six months have gone?

That's an interesting question because it depends on the context. My first thought is that it's gone very quickly, given that I've been traveling so much, working in Loma Linda and Pittsburgh some. And it felt like non-stop meetings when I was on campus, so it's gone extremely quickly. Still, I felt energized, I suppose, because of the strong commitment of the faculty and staff to Loma Linda. It confirmed my belief that Loma Linda is a great school. The School of Pharmacy has been running well and smoothly, which made me feel comfortable coming to this place, well-supported and able to ask questions. I thought I could jump right in because of the existing structure. The associate deans Rashid Mosavin, Nancy Kawahara, Linda Williams and Alan Connelly are tremendous assets. They have been here long enough to know a great deal about the system and how to function effectively. I only have very positive things to say about the support and the structure here. So, I

think things have gone pretty well. I hope the feeling is mutual across the faculty and staff, too.

Now that you have been here for a while, what strengths do you see in our program?

I think the first strength is definitely the faculty. They are what makes the program. They are extremely committed to student success, and they are striving for ways to enhance student achievement. For example, Willie Davis has researched and shared with me various software programs that may help students by assessing their strengths and weaknesses, so that we can adjust our curriculum or teaching to fit their needs. Many faculty voice their opinions, speaking up for what they believe will help students and the potential they see for the School. Another strength is the openness to curriculum transformation. Change is always hard, so knowing that our faculty has been working on the transformation and is willing to engage in that process to enhance our education is also an area I see as a plus. I appreciate that eagerness for a dynamic curriculum, rather than staying stagnant.

And what do you hope to improve?

There are things that have been started that are in the infancy stages — for example, the IPE (inter-professional education) component. Given that there are eight schools across our campus, it seems we can give our students a much-enhanced experience by exposing them to IPE earlier on and more consistently across the curriculum, rather than just during occasional IPE events. I would love to develop more IPE, either courses or simulation lab experiences. I am very interested in figuring out how to utilize our room in the simulation lab more optimally, especially for students who do not have an intern experience during pharmacy school. I would also love to provide at least one mission experience, either globally or locally as an immersion experience, for every single student during their time at our School.

What experiences in the past do you believe have prepared you for this position as Dean of our School?

I've been extremely fortunate to have had a chance to interact with several students from different pharmacy schools primarily from Pennsylvania and Ohio. My primary interactions were as a preceptor for the APPE component for infectious disease at Duquesne University as well as the University of Pittsburgh. But I also precepted students in the IPPE rotations from the University of Pittsburgh. My other preparation came through my involvement with Duquesne's portfolio review process. I assisted them with their portfolio reviews for several years and saw that process develop over the years. It really engaged the students and encouraged them to self-reflect on their fourth-year rotations — what they learned from their preceptors and what they learned themselves as they worked and matured. I helped with grading portfolios and providing constructive feedback. I was fortunate to lecture at Duquesne on the pediatric immunizations and was also involved in its immunization certification program, primarily teaching the epidemiology section on adult and pediatric immunizations. Additionally, I taught for the Doctor of Nursing Practitioner program at the University of Pittsburgh. Being involved in a variety of academic aspects and programs prepared me as I was exposed to different ways schools function and evaluate their students.

By now you've no doubt heard the term "wholeness" used around here, and you know that it is emphasized and encouraged. When you have the opportunity to practice wholeness, what do you do?

That's a great question! And honestly, I have been very bad lately about practicing wholeness, especially the last six months with my travels. But one of the things I really enjoy is music. Playing the piano is one way I truly relax. Music is my quiet, alone time when I can play familiar classical pieces or praise songs but also learn new pieces. And I enjoy nature, so if I was able to spend some time in the mountains, I would love to. I remember even as a camp counselor at Pine Springs Ranch, sitting on a rock for my morning worship, reading the Bible and enjoying God's creation. I also like spending time with family and friends. That's what I love about the Sabbath — it gives us a

chance to debrief and enjoy each other's company and re-energize ourselves.

How will the LLU mission statement – "to continue the teaching and healing ministry of Jesus Christ" – impact the work you do at the School of Pharmacy?

I think our mission is wonderful because it holds so many interpretations and can be carried out in so many different ways. As a School, we want to make sure our pharmacy students are teaching and caring just like Jesus. Professional development enhancement will be important in ensuring that faculty and students utilize skills to interact with patients in a similar empathetic approach to how Jesus interacted with others. With Jesus' healing ministry, we want to graduate highly qualified caring and competent pharmacists who value patient safety, particularly with medications. In order to teach effectively, I also highly encourage faculty to conduct meaningful research that can further the education of all healthcare professionals. Examples of how we can gain this knowledge is to conduct research of novel approaches in pharmaceutical sciences or conduct clinical pharmacy practice research through evaluating medication effects and appropriateness of use in patients. In addition to making a difference locally, it is my hope and dream that the School can also impact people worldwide --- through touching patients' lives on mission trips and also interfacing with clinicians by sharing knowledge gained through our research. This all can be done while still valuing the practice of wholeness. I know employees here really enjoy the work-life balance LLU offers.

I am extremely happy to be here at Loma Linda. I feel that God has truly blessed the University and called me to come here. We all go in different directions based on God's calling. I believe it's my turn to come here and try to make a positive difference for the University, in collaboration with the Medical Center, for the faculty as well as the staff, all to help to fulfill the mission to continue the teaching and healing ministry of Jesus Christ.

NEW ALUMNI RESIDENTS

Residency Program Begins Its Twenty-Third Year 2017-2018

As the academic term came to a close, so did another year of LLUSP's residency program. It culminated on Tuesday, June 27, with its annual Residency Dinner, held at the Redlands Country Club. That evening, loved ones, program directors and preceptors gathered to recognize and celebrate the achievements of the residents and fellows at the end of their respective programs.

The transition between the end of a program and the start of another was seamless, with orientation for a new group of eight PGY1 residents and one new fellow beginning on Monday, June 26. Six PGY2 residents (three of them returning after completing their PGY1 at LLUSP) arrived for their separate orientation on July 10.

Several of the residents this year attended LLUSP as students. Class of 2017 graduates Monica Awad, Noel Chan, Melissa Gage, Jennifer Kang, and Susan Lee quickly switched gears after commencement to become PGY1 residents a month later. PGY2 Oncology resident Kiwon Park is also an LLUSP alumnus from the class 2016.

The pharmacy residency program at Loma Linda has grown significantly in its 22-year history. This year, a PGY2 Medication Safety program was added, for a total of six PGY2 programs, and last year, the number of participants increased to 20, its largest size ever. It may have come as a bit of a relief that the 2017-2018 program will include only 16 pharmacists, as the office space was getting quite crowded! Still, Residency Director Dr. Norm Hamada maintains, "The LLUH residency/fellowship program remains one of the largest and most comprehensive postgraduate pharmacy programs in the state."

All residents, new and familiar, are welcomed and wished well throughout the next year.



LLUSP Alumni-Turned-Residents

1 MONICA AWAD Class of 2017, PGY1

Goals for this year: To discover what area of pharmacy I have the most passion towards and to pursue it with my whole heart. Another goal is one I hope will stay with me throughout the years – I want to continue to challenge myself and to never stay stagnant in my clinical knowledge.

2 NOEL CHAN Class of 2017, PGY1

Goals for this year: To explore various specialties within pharmacy and develop my own clinical skills as well as a keen eye for mistakes! Feeling comfortable and confident in my own skills is my goal for this year. I am looking forward to the many learning opportunities I will have. In terms of teaching, I would also love to find my teaching style and find ways to make pharmacy lectures engaging.

3 MELISSA GAGE Class of 2017, PGY1

Goals for this year: To deepen my knowledge and understanding of pharmacy practice. I hope that this year will condition me into a confident and highly competent pharmacist that is well-quipped and qualified to apply for any job I choose. Ultimately, I want to be a Board Certified Pharmacotherapy Specialist (BCPS).

4 JENNIFER KANG Class of 2017, PGY1

Goals for this year: To find a deeper passion in a specific clinical field within pharmacy and to come out of the residency program as a confident practitioner. I also hope to be a positive influence on people who I interact with throughout this journey.

5 SUSAN LEE Class of 2017, PGY1

Goals for this year: To provide quality hands-on patient care in a variety of clinical settings, which I will achieve through my various learning experiences. My hope and expectation is that by the end of the residency program, I will be a confident, competent, and compassionate health care provider in any practice setting, bringing healing and happiness to all my patients!

6 KIWON PARK Class of 2016, PGY2 Oncology Pharmacy

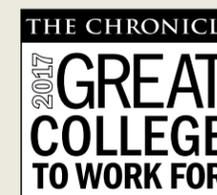
Goals for this year: To explore and learn more about different fields of oncology this year and successfully complete my PGY2 training.

To read all of our Resident and Fellow biographies, visit pharmacy.llu.edu

LOMA LINDA UNIVERSITY NAMED A '2017 GREAT COLLEGE TO WORK FOR' BY CHRONICLE OF HIGHER EDUCATION

Employees cite five reasons for high level of job satisfaction at Loma Linda University.

Excerpt from the article by James Ponder and Briana Pastorino.



A leading trade publication for colleges and universities says Loma Linda University is a great college to work for.

The results, released July 17 in The Chronicle of Higher Education's 10th annual report on The Academic Workplace, are based on a survey of more than 45,000 people from 232 colleges and universities. Of that number, 79 institutions made the list as one of the "Great Colleges to Work For." Results are categorized by small, medium and large institutions, and LLU was included among the medium-sized schools with 3,000 to 9,999 students.

LLU was honored in five categories this year:

- Confidence in senior leadership
- Job satisfaction
- Professional / career development programs
- Supervisor / department chair relationship, and
- Work / life balance.

In acknowledging the honor, Richard H. Hart, MD, DrPH, president of Loma Linda University Health, said the faculty and staff offer outstanding teaching and dedicated service to the approximately 5,000 students in the university's eight schools.

"Our entire university team shares a strong commitment to extending the teaching and healing ministry of Jesus Christ," Hart said. "I am so grateful for the passion, excellence and the commitment to our values each of them exhibits. Their devotion to sharing their knowledge and expertise with our students inspires me."



EXTENDING THE TEACHING MINISTRY TO OUR YOUTH

By Jen Mathew

Pharmacy students were some of the 200 people who eagerly volunteered to offer health education to over 1600 children from the Inland Empire during Loma Linda University Health's 32nd Annual Children's Day Fair. Held on the University campus lawn on May 10, 2017, the event featured a variety of booths sponsored by LLU schools and student groups. Each station offered engaging information and activities to kids and their parents about topics ranging from proper teeth-brushing technique to medication safety.

Members of the LLUSP student groups Generation Rx and RxAbuse are similarly dedicated to reducing prescription drug

abuse and misuse. During the children's health fair, they focused on helping their young visitors understand that medicine can look a lot like candy and that kids should never eat anything from unfamiliar people or places.

This year, the Children's Day Fair was covered by KABC Eyewitness News in a two-minute segment with ABC7 reporter Denise Dador. A correspondent from the Redlands Daily Facts also wrote an account of the event.

Although the day began with light rain, and clouds hung around through much of the day, nothing could dampen the spirits of the

volunteers. Reflecting on the experience, Briseyda Sequeira (2018) said, "All of the children were so adorable, and I was glad I had the opportunity to interact with them and their parents during the event."

To watch the two-minute Children's Day segment, visit abc7.com/health/loma-linda-university-childrens-hospital-celebrates-32nd-childrens-day/1986681/

MEETING PEOPLE WHERE THEY ARE

By Jen Mathew

Loma Linda pharmacy students have been attending Market Night in Redlands on Thursday evenings since the inception of the School of Pharmacy, and not just for the kettle corn and local produce. Every PY1, 2 and 3 goes at some point during each academic year to engage passersby and provide pharmacy-related education.

At least 10 evenings out of the school year, one will find LLUSP booths up and running at Market Night. These stands are hosted by about fifteen students throughout the evening, three to four at a time per hour. And chances are one will also see Nancy Kawahara, PharmD, MEd, lending her support and encouragement.

The Professional Development course utilizes Market Night as a "real-world learning lab," as Dr. Kawahara calls it. She explains that "it gives students the opportunity to interact with the public in a casual, low-stakes environment. They learn to dialogue with people, and it helps to make them more comfortable engaging others."

In addition to Professional Development students, representatives from all nine student organizations also take turns running a booth. Each group decides which topic they want to present during their designated evening at Market Night. Subject-matter includes over-the-counter medications, hands-only CPR, immunization awareness and healthy nutrition. On occasion, students provide osteoporosis and hypertension screenings as well as flu-shots, too.

There are many different and interesting kinds of characters who attend Market Night, and students are sometimes challenged by strangers who stop by the



pharmacy booth. It is good preparation for APPE experiences and work after graduation, when they will need to think quickly and be prepared with answers to a variety of questions.

And so, one can expect that an LLUSP presence will be found at Redlands Market Nights for years to come.

VISIT THE LLUSP BOOTH AT MARKET NIGHT
ON THURSDAYS, 6-9 P.M.
ON STATE STREET IN DOWNTOWN REDLANDS.

REFLECTIONS ON MY DAYS AT CAMP CONRAD CHINNOCK

By Rena Sackett (2018)

Before this summer, I never understood the feeling of being the odd one out. I grew up in a fairly normal family and as a kid was fortunate to attend schools where I never personally struggled with being bullied. That is why when I served as part of the medical staff at a special camp for diabetic children this summer, it broke my heart to hear some of the campers' testaments about what they have had to deal with on a day-to-day basis back at home and in school. Many of them had been bullied because they have Type 1 diabetes. I learned through their stories that most children and many adults do not understand what diabetes is and why some diabetics wear an insulin pump on their bodies. Oftentimes, this leaves kids feeling isolated and vulnerable due to teasing from classmates as well as hassling from uninformed teachers.

Thankfully, there is a place where children with Type 1 diabetes come together to experience an overwhelmingly joyful sense of community. That place is Camp Conrad Chinnock.

It was an honor to be selected along with nineteen other pharmacy students from

Loma Linda University to serve at Camp Conrad Chinnock. Little did I know when I applied that this would be one of the most challenging, yet rewarding, experiences of my life. As medical staff, our role was to help facilitate the campers' insulin dosing for breakfast, lunch, dinner, and bedtime snack. We also performed midnight and 3 am rounds to check the campers' glucose levels during the night. The goal was to make sure that the campers were able to have a "normal" camp experience without worrying about their diabetes for the week. Our general approach was to be mostly invisible, making sure all of the focus was on the campers; but many of us staff members slowly began to participate in various activities with the campers. We became quite attached to our respective campers under our care.

I looked after cabins one and two, which housed the youngest girls who ranged in age from seven to ten years old. At first, I was unsure how they would respond to my directions for dosing their insulin for each meal, but I quickly learned that the youngest girls were very trusting and compliant. I

was very touched by their gratitude for the doctors who took care of them while they were at camp. I think I was most surprised by how inspiring the campers' attitudes were. They were so full of life and energy! If their blood sugars were too high or too low, they dealt with it accordingly without any bitterness about their condition. Watching their daily routine made me realize how easy I have it.

As I reflect back, I cannot help but feel a sense of pride that I was able to work with such an incredible group of healthcare professionals. My involvement served as a reminder of why I chose the field of pharmacy. I want to be part of a team that helps make the world a better place through selfless sacrifice and loving service. Not only do I want to continue challenging myself to step outside my comfort zone, but I also want to encourage others to do the same. We are afraid of what we do not know. That being said, my experience has taught me that putting myself in someone else's shoes can be one of the most enriching experiences in this life.



PERSPECTIVE FROM BEHIND BARS

By Aaron Ahn (2018)



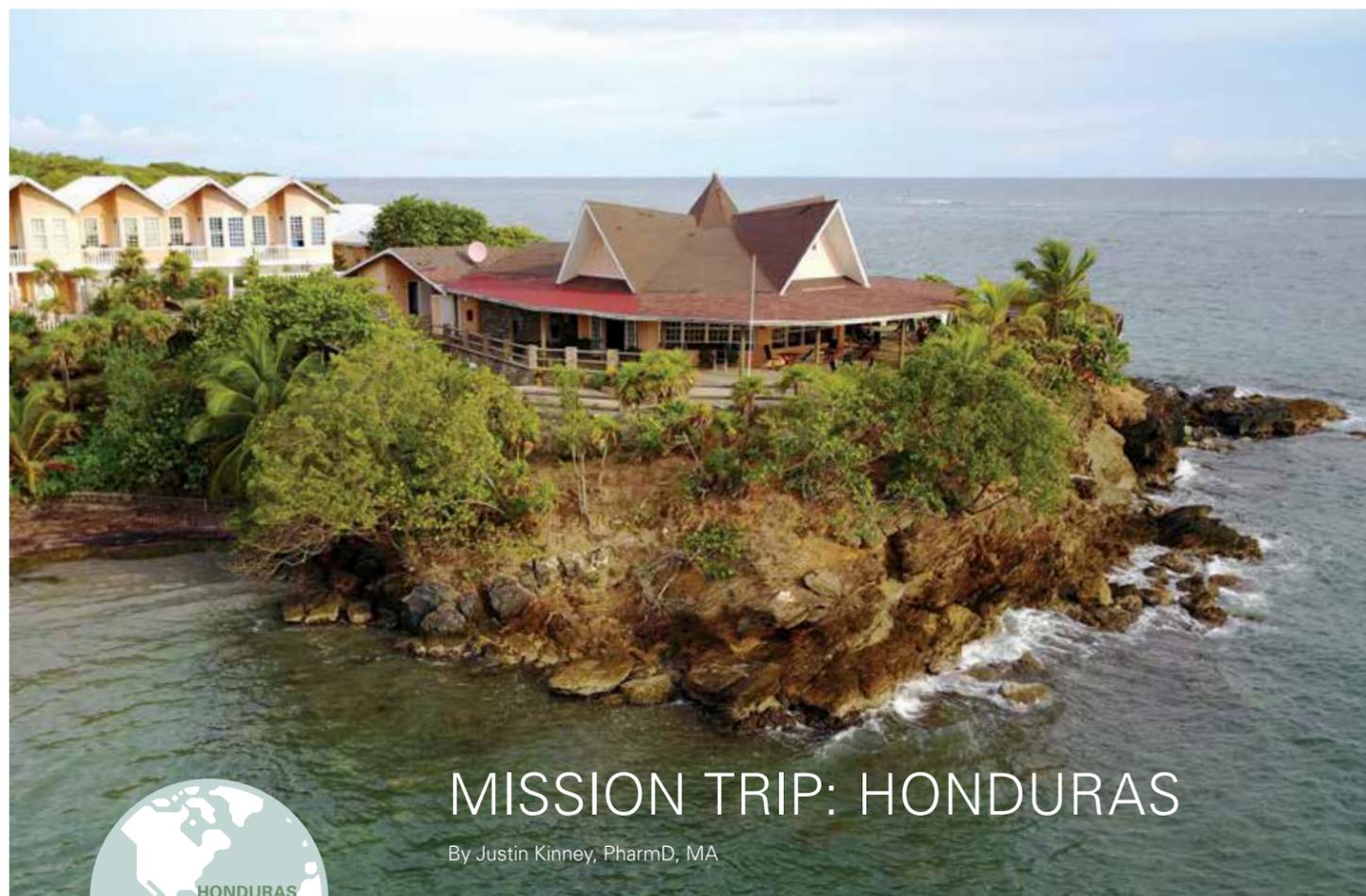
From November 28 to December 9 of 2016, I had the privilege of doing my IPPE 3 rotation at the Federal Bureau of Prisons with the United States Public Health Service in Victorville, CA. When I tell my coworkers or my friends of my experiences, they develop a combination of shocked, intrigued, surprised, and fearful expressions. This is usually followed up with the question, "How was it?" With great enthusiasm, I tell them it was such a great experience. There is a social stigma that is attached with prison — that in a place that gathers unlawful, immoral, sinful people, only fearful and bad things will happen. I have to be honest that I initially fell victim to this way of thinking, but then I became more interested in experiencing pharmacy in a federal prison for myself.

I was reminded of a story in Mark 2:15-17 where Jesus was having dinner at Levi's house and many tax collectors and sinners

were present. The Pharisees and teachers of the law saw this and asked Jesus' disciples, "Why does He eat with tax collectors and sinners?" Jesus responded to this by saying how He came for the sick and not the healthy. In addition to the health reference, I really like this verse because Jesus never references the tax collectors and sinners as "sinners." Even the words "the sick" do not refer only to the tax collectors and sinners, because Jesus came for both the people known publicly as "sinners" and also the Jews, Gentiles, and His people. I was also reminded of another story in John 21 where Jesus tells Simon to feed his sheep. I truly believed my experience at the prison would further develop my calling to serve His people through the pharmacy field.

I will not deny that prison is full of the shameful things that were mentioned earlier. In fact, my fear was further drilled into me when I learned the inmates by face and why they were in prison. In fact, for clinic we had to wear anti-stab vests (there were past incidences where inmates would attack the staff) and go through numerous security points to visit the inmates for anti-coagulation clinic. However, I reminded myself that these people were still people and despite the fear, I wanted to serve them in whatever way I could. Through meeting these inmates during anti-coagulation and diabetes clinics, I learned that despite how their actions may socially define them, they are still people who are loved by God. I continue to struggle to understand His endless love, but my love for Him calls me to action.





MISSION TRIP: HONDURAS

By Justin Kinney, PharmD, MA



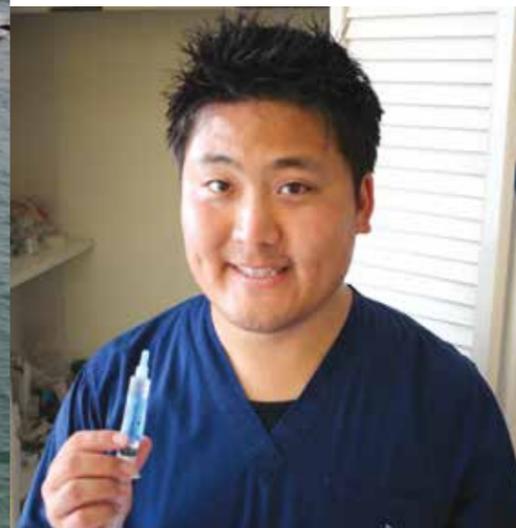
This last summer I had the opportunity to participate in a mission trip to Roatan, Honduras in combination with Loma Linda University and the Calimesa SDA Church. It was a week-long trip with three major goals: provide dental and medical services, construct a basketball court for the nearby school, and present vacation bible school (VBS). Our group was made up of approximately forty-five people. The healthcare team consisted of practitioners and students from the fields of nursing, medicine, dentistry, and pharmacy. In addition, high school students and other volunteers also came along. The pharmacy team of two consisted of P3 student Nicolas Min and myself.

The services Nicolas and I offered on the mission trip included education to the team or patients; medication preparation, dispensing, and counseling; assisting and coordinating sedation for pediatric patients. I also had the undertaking of sourcing medications each day from the local pharmacies in Roatan. Acquiring medications in Honduras is quite different from in the U.S.; for example, antibiotics, injectables, and pain medications, were available as OTC drugs. With limited resources, the medications primarily used for sedation were nasal midazolam plus IV / IM ketamine. On the busiest days, we had up to three patients recovering at the same time on makeshift beds to ensure there were no complications from the sedation. Also, the last two to three days there, we provided antibiotics for our

group members with construction injuries and a GI cocktail when the local cuisine disagreed with them.

The typical day began at 7 a.m., followed by morning worship and team meetings. Clinic and construction ran all day with the exception of a quick lunch break. In the evening, we provided Vacation Bible School before dinner was served. By the time our meal ended, it was completely dark outside and many would head to bed to rest up for the next day. But on Sabbath, the schedule changed: we attended the local SDA church in the morning, and in the afternoon all were able to enjoy the beauty of Roatan.

The sun shone brightly from sunrise to sunset with the temperature ranging from 80-90 degrees with what seemed like



DENTAL MISSION: A PHARMACY STUDENT'S PERSPECTIVE

By Nicolas Min (2019)

After the chaos of finals, I served as a student pharmacist under Dr. Justin Kinney on a dental mission to Roatan Honduras sponsored by the Calimesa SDA church. Leaving for the trip, I was unsure of my duties -- would I be consulting locals on their medications, or would I be counting pills? Regardless, I had the feeling that my experience would be nothing short of amazing.

As I stepped off the plane on Roatan, I was not only astounded at the heat and humidity, but also stunned by the tropical green of the landscape before me. Our truck, gleaming with supplies and equipment, tracked through the poorly kept dirt road until we finally reached our mission site, Paya Bay Resort. The beautiful beach front hotel surrounded by the mysterious jungle served not only as our home base, but also as our makeshift dental clinic. As everything was unloaded from the truck, our coordinating leader, Mr. Andrew Haglund, quickly and efficiently assigned everyone to their roles for the following week; Dr. Kinney and I were delegated to our improvised pharmacy / sterile prep pharmacy (which was actually a closet).

After a day of rest from our seemingly never-ending travel, we began treating patients. Our schedule revolved around the dental clinic. Using nasal diazepam (Versed) and/or Ketamine, we assisted pediatrician Dr. Thomas Sherwin with pediatric procedural anesthesia. Being primarily from an outpatient work environment, I felt inadequate preparing a syringe of medication, but after a few lectures from Dr. Kinney (as well as some night time homework) I was able to weight base dose and draw up my first sterile injection -- from inside a closet.

Since we lacked a few basic medications, such as ibuprofen, we decided a trip to a Roatan Pharmacy was needed. As a student, I felt extremely excited, like a child leaping into a candy shop, since this was the first international pharmacy I've ever been to during my pharmacy career. I was astounded at the number of medications available without a prescription; one could get an antibiotic, then simply wash it down with codeine syrup if he or she wished! After we gathered our supplies and paid our dues, we made our way back to camp Paya Bay to continue treating patients.

Looking back, I feel that my experience was truly remarkable. During our free time, I was able to sit on the beach, sipping a pina colada while enjoying the smog-free sunset. During these times, I reflected upon my role not only as a student pharmacist, but also a future pharmacist. I was excited about the expansive world of opportunities, for pharmacists, who can move from an outpatient pharmacy to the mission field. I am proud to say that pharmacists, regardless of in/outpatient background, have a pivotal role, even on a dental mission trip.

“ I WAS EXCITED ABOUT THE EXPANSIVE WORLD OF OPPORTUNITIES FOR PHARMACISTS, WHO CAN MOVE FROM AN OUTPATIENT PHARMACY TO THE MISSION FIELD.”

PHARMACY MISSIONS IN NIGERIA

By Stephanie Hamilton (2018)



This June I was privileged to travel with a LLU SIMS group of over thirty students and professionals to Jos, Nigeria for 17 days. Our volunteers provided health services to over 10,000 people at Jengre Adventist Hospital and two new clinics in Eto Baba and Buken in the nearby city of Jos. Although our group from Loma Linda was small, we comprised

a larger group of over 400 volunteers from four Adventist universities as well as local medical volunteers from the region.

When I originally signed up for the trip I was unsure how much impact pharmacy students would be able to make and whether we would be able to use our clinical knowledge. The three different locations allowed Robert Chiles, Jonathan Lee and me to have a designated place to work. Each location was unique and presented different challenges. The challenge at Eto Baba was the large crowds and lack of space for the pharmacy.

For several days, we dealt with mobs of yelling people at our window and complete disorder, making it difficult to work and distribute the medications efficiently. After trying different methods to control the crowds, we were finally able to perfect a system, decrease the tension within the crowds and reach the people more effectively.

Almost instantly I realized how much we were needed as pharmacy students. We knew more than the local technicians and were an immense help to the pharmacists. We immediately began filling prescriptions independently and even doing the final check. I filled more than 100-150 prescriptions a day at the Eto Baba location.

At our clinics, we had local medical students prescribing and many of these students were unfamiliar with the dosing of medications. The students would prescribe the right drugs, but they would rely on our pharmacists to dose the patients based on weight and condition. We used our knowledge of antibiotics, triple therapy for stomach ulcers, pediatric dosing, and pain meds, etc. Having the dosing knowledge was very rewarding because I felt like we were better able to help the pharmacists and get medications to the patients safely.

What I liked most about our trip to Nigeria was the people. Even though our patients sometimes waited for several hours in the sun, they still smiled while I counseled them on their medications. The need in the area was more than we expected and the people were so thankful. I know that we were a blessing to them, but they also touched our lives immensely. I'm thankful that Loma Linda University and the School of Pharmacy supports mission service and that we as students can attend these trips and reach people across the world who are in need.

MISSION TO SIERRA LEONE

By Eric Drab (2018)

As we walked out the doors of Freetown International Airport, a light drizzle and a blast of warm, humid air welcomed us into the small West African country of Sierra Leone – a country recovering from a violent civil war, ongoing political corruption, and the widely-publicized Ebola outbreak. After coasting through the Sierra Leonean countryside in hospital vans, interrupted occasionally by military checkpoints, we arrived a few hours later at our home for the next week and a half – Waterloo Adventist Hospital. During the 2014 Ebola crisis, this hospital served as one of a few Ebola treatment centers scattered throughout the country. Torn blue tarp still hangs from buildings that were then considered the “danger zone,” serving as a reminder of the tragedy that wreaked havoc throughout West Africa all too recently. From our side of the pond, the fear of Ebola was only theoretical, but for Sierra Leoneans, it was an everyday reality. Many of those who worked here through the outbreak still work here today. If you talk to some of them, you will discover the sacrifice and selflessness that gave them strength to don their protective suits and risk their lives caring for those suffering from one of the most feared diseases known to man.

The mornings started with a short worship and the most heartfelt singing you will ever hear, followed by rounds through the small hospital. Over the course of our time there, we were able to assist in blood pressure clinics, mobile outreach clinics, and visits to a local orphanage. Medication-use protocols were also developed, and each of the four pharmacy students had the opportunity to deliver a lecture on disease-specific medication use to the hospital staff. In sharp contrast to similar events I have attended in the United States, all of the staff listened



attentively and hurried to jot down notes as we progressed through the presentation. Some of the staff have never had formal health education, so the information we were teaching them about medications was something they considered to be an invaluable opportunity. I was reminded of my own tendency to take education for granted as I watched them strain to catch every word and ask question after question, hungry for knowledge.

The hospital stands as an invaluable resource for the people of the surrounding community, serving to treat tropical diseases such as malaria and typhoid fever that we have the luxury of relegating to the “Travel Medicine” sector here in the United States. While we were there, we saw several babies brought in, struggling for each breath as they battled malaria. Fortunately, we were able to witness their recovery, something we found out is quite uncommon. The burden of disease along with limited access to healthcare are some of the reasons why Sierra Leone is among the poorest countries in the world, ranking 180th out of

187 countries in the world on the Human Development Index as of 2011. In our time there, however, we found the people of Sierra Leone to be some of the richest we had ever met in heart and strength of spirit.

Even though our time in Sierra Leone was short, the impact it had on me will last a lifetime. On this trip I saw firsthand how pharmacists can be a valuable resource in the mission field. The desire for knowledge that the staff displayed solidified my desire to incorporate similar trips into my future practice as a pharmacist so that I can share the education that I have been blessed enough to receive. As I return to my daily routine as a pharmacy student here in the United States, I find my mind wandering to the humid hills of Waterloo, Sierra Leone, where poverty holds no power over joy and those forgotten to the rest of the world refuse to forget about each other.

A NEW MISSION TO NICARAGUA

By C.J. Jacobson, PharmD, and Nancy Kawahara, PharmD, MEd

We had the distinct pleasure of traveling to Nicaragua in June in an attempt to determine whether the Loma Linda University School of Pharmacy could assist the Nicaraguan medical community and families of children living with Type I diabetes to better manage their condition. Our team was invited by the Foundation for Worldwide Health, an organization that supports the work of the Loma Linda University School of Dentistry in Nicaragua. Our host during our stay was UNICA University.

Back in 2015, representatives from the LLU School of Dentistry were approached by Nicaraguan parents of children with Type I diabetes with a plea: "Our children are dying. Can you help?" The School of Dentistry along with leaders from the Foundation for Worldwide Health set out to form a coalition consisting of the Ministry of Health, UNICA University, and the Type I diabetes parent support group. Understanding that management of Type I diabetes was not within their scope of practice, faculty from dentistry set out to identify others on campus who would bring that expertise to the project.

Handicap International conducted an extensive analysis in 2007 of access to insulin in the country of Nicaragua. They identified several challenges including lack of diagnostic tools, availability of insulin, affordability of medications, and adherence. Currently the Ministry of Health will pay for insulin (NPH and Regular) as well as the syringes. However, they do not cover the cost of test strips, so many of the children living with Type I diabetes in Nicaragua are dosing insulin blindly, having no idea exactly how their blood sugar levels are at any given time.

We met with Dr. Frederico Narvaez, an endocrinologist, at La Mascota, the children's hospital in Managua and discussed collaboration on a study that would attempt to determine whether a finger stick testing protocol using only two strips a day would provide enough information to achieve better control of blood sugars in the children there. Thanks to the hard work of the coalition, the Nicaraguan Ministry of Health is supportive of the study. Our goal is to demonstrate to the Ministry of Health that investment in these children by covering the cost of even a few test strips a day is money well spent.

While in Nicaragua, we were asked to review and update the pharmacology sequence for the Medical School program at UNICA and to talk with sixth graders at one of the elementary schools about the "my plate" method of healthy eating. Both opportunities gave us a better understanding of the Nicaraguan culture.

Our hope is to return to Nicaragua next year as the study is implemented. Future plans also include the creation of a "camp-like experience" for these children, which would allow the incorporation of PharmD students into the project.



GRADUATION WEEKEND 2017

By Nicole Pyo

On May 28, 2017, approximately 1,369 days later, the journey through pharmacy school came to an end. The Class of 2017 started out as newly inducted students, strangers to each other with the common goal to earn their doctorate degrees in pharmacy. These same strangers, once uncertain about what the next four years would hold, now celebrated together with the faculty and staff that helped make the momentous day possible.

One of the biggest student events on the LLU campus, the commencement ceremony draws together the friends and family of graduating students from all over the country and even around the world. All 82 graduating students of the Pharmacy Class of 2017 joined together in the culmination of their hard work, perseverance, learning, studying, and sacrifice that brought each of them to this point. Some of these students, as well as faculty and alumni, were honored with awards. The 2017 class president, Shawn Smith, was the recipient of the President's Award in recognition of his outstanding academic success and his demonstration and commitment to the LLU mission "to continue the healing and teaching ministry of Jesus Christ." Along the same vein, Allison Uniat was given the Dean's Award for her impressive academic achievement and volunteer service.

LLUSP students have the opportunity to travel abroad on mission trips each year, and this year two students, Mia Choi and Grace Shinn, received recognition for their leadership through participation in international and local outreach. In acknowledgement of her superior commitment to helping others, Alexandria Taylor was given the Wil Alexander Whole Person Care Award. This year's faculty member LLUSP Distinguished Service award was presented to Executive Associate Dean Dr. Rashid Mosavin in honor of his dedication to providing opportunities for learning and growth for pharmacy students. Finally, Dr. Dekabo Saba, Class of 2007, was the honorary recipient of the LLUSP Distinguished Service Award for his dedication to "make man whole" throughout his esteemed career as a pharmacist.

Dr. Mary Ann Kliethermes, Vice Chair and Professor at the Chicago College of Pharmacy, served as the commencement speaker, providing graduates with a little dose of wisdom and welcoming them to the professional world. At the conclusion of her address, 82 pharmacy graduates walked across the stage one by one to receive their long-awaited diploma and shake hands with the Dean as new alumni. The ceremony then concluded with the recitation of the Pharmacist's Oath, a declaration of the graduates' dedication to service to others through the profession of pharmacy.

May God bless the Class of 2017 as they begin the next steps of their professional journeys.



CLASS OF 2020 QUICK STATS

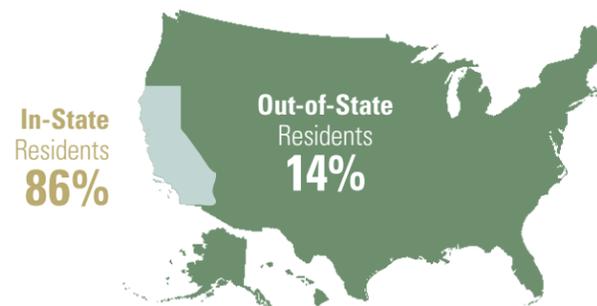
CLASS GENDER



MARITAL STATUS

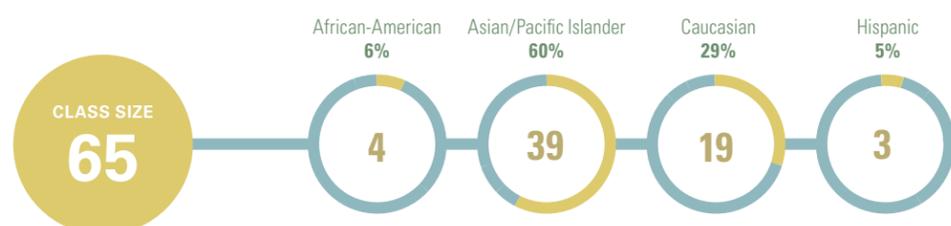


HOME STATE



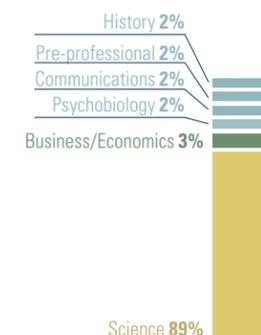
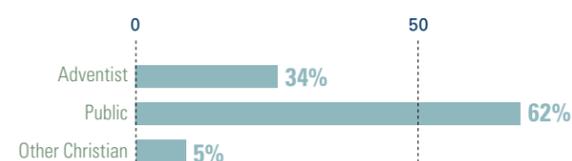
8 LLU "LEGACY" STUDENTS
Students who have immediate family members who are alumni from or current students at an LLU school.

ETHNICITY



BACHELOR'S DEGREE INFORMATION

UNDERGRADUATE COLLEGE/UNIVERSITY



AVERAGE AGE **25**



HONORS & AWARDS

OVER \$80,000 AWARDED TO STUDENT SCHOLARS

Seventy-six students, faculty and preceptors received special commendations at the annual Honors & Awards ceremony held at the San Bernardino DoubleTree Hilton Hotel in April. More than half of those individuals were awarded scholarship money totaling \$81,500 from various companies, individuals, and professional organizations.

Students were recognized for their academic achievements as well as their commitments to community service and exemplary work ethic. Faculty and preceptors also received awards for their endeavors to educate and inspire students.

FACULTY OF THE YEAR

Javad Tafreshi
Elvin Hernandez
Jessa Koch

QUARTER

Winter 2016
Spring 2016
Fall 2016

PRECEPTORS OF THE YEAR

Lia Pop
Lindsey Valenzuela
Farnoosh Zough
James White III

CATEGORY

Alumni
External
LLUSP Faculty
LLU Medical Center

For a full album and list of awardees, please visit the School Facebook page: [facebook.com/LLUSchoolofPharmacy](https://www.facebook.com/LLUSchoolofPharmacy).



MARRIAGE PROPOSAL HIGHLIGHT OF SENIOR BANQUET

By Jen Mathew

Fourth year students already had plenty to be excited about at their Senior Banquet on May 25. Rotations were nearly finished, graduation was imminent, they were dressed up and enjoying the company of good friends. But most students were surprised by the real thrill of the night — watching the marriage proposal of one classmate to another!



Ben Cheung and Noel Chan dated each other nearly the entire time they were in pharmacy school, so it seemed appropriate that he ask for her hand in marriage during a school function, and a celebratory one at that!



Early on in the program, a very nervous Ben approached the podium and took to the microphone to express his gratitude to his fellow classmates for his exceptional experience at the School of Pharmacy. He acknowledged each of his friends and then asked Noel to join him up front. He began thanking her for her support and praising her for her steadfast commitment and love. But when he made his way over and knelt before her, a shy and perhaps slightly embarrassed Noel, realizing what he was about to do, dropped to the floor, causing the entire audience to get on their feet for a better view. Ben presented her with a ring and asked Noel to marry him. When Noel said "Yes!" the entire audience cheered, clapped, hooted and hollered.

"I still can't believe it happened! Since we started our dating relationship in the beginning of our pharmacy school career, it was only fitting to have our engagement surrounded by all our closest friends and faculty from the SOP right before we graduated!" Noel mused.

It was the makings of a happy ending and beginning, all in one evening. Congratulations, Noel and Ben!

The last marriage proposal during a school event was from Jefmar Dickey (2011) to Kelly Huynh (2014) during a School of Pharmacy chapel service in the spring of 2012.

STUDENT SCHOLARSHIP

Shawnée Daniel is in her fourth year at the School of Pharmacy. Loma Linda University wasn't the first school Shawnée thought of when applying to pharmacy schools. "I'm from out of state so it costs more for me to come here, but Loma Linda's values aligned with mine," Shawnée says. LLU's motto to make man whole resonated with her desire to give her patients holistic care.



Working with children is especially important to Shawnée. She plans to specialize in pediatric pharmacy and volunteers at the San Bernardino Community Seventh-day Adventist church children's Sabbath School. She has also volunteered as the student pharmacy manager at the Riverside student-run free clinic.

Shawnée's accomplishments would not be possible without the support of financial donors. "Without gifts from donors, I would not be able to attend Loma Linda University and serve my community," shares Shawnée. "I wouldn't have been able to become the pharmacist I was meant to be and for that I thank them."

If you would like to donate to a student scholarship or another area of interest, please contact John Nafie, Director of Development, at jonafie@llu.edu or 310-729-3380.



Girl, running (and studying)

A FUTURE PHARMACIST MAY ALSO BE A FUTURE OLYMPIAN

By Briana Pastorino

Two hours, thirty-seven minutes and 55 seconds. That's how long it took Joanna Reyes, a student at LLU School of Pharmacy, to run the Los Angeles Marathon on March 19, 2017. Her all-time best.

Coming in fourth place in the pro women's race, she was the first American female to cross the finish line.

"I was shocked," Reyes says of her results. "I never imagined I would be running so fast so soon."

Learning to run (but just for fun)

Running marathons wasn't something Reyes ever really planned to do. Her family lived a healthy lifestyle, so exercising and good nutrition were nothing new to Reyes. But her focus first and foremost was education.

She didn't start running until joining the cross country team her freshman year of high school.

"My family was very supportive," Reyes says, "but education took precedence over sports because that's how I would succeed in life. Regardless of how good I was, I was passionate about running, but it was never more than just something to do for fun."

After high school, Reyes continued to run on the cross-country team for two seasons while attending San Jose State University. She admits that traveling to meets in addition to studying for her classes was stressful. "It was overwhelming," she says, "and I wasn't even that fast of a runner."

Reyes graduated from San José State University in 2015 with a bachelor's degree in biological science and an acceptance letter into Loma Linda University School of Pharmacy.

A career in health care (but still running)

Reyes always knew she wanted to pursue a career in health care. As for coming to Loma Linda, there were a lot of factors, she says, that influenced her decision.

Leading up to her acceptance into the class of 2019, Reyes enjoyed coming out for interviews with professors and staff. "Everyone was very friendly and demonstrated how much they cared for their students," she says. "They wanted to get to know me as a person and how I would contribute to the school."

Growing up a Christian, Reyes enjoyed the faith-based atmosphere of LLU. "The aspect of wholeness was very attractive and was already a big part of my life."

Since joining the other 325 students at LLU School of Pharmacy, Reyes has remained diligent in her studies, maintaining a 3.0 GPA and also interning at pharmacies for even more hands-on learning.

Once she earns her doctorate degree she's hoping to go into hospital pharmacy. "From what I've experienced interning at Loma Linda University Medical Center, I envision myself in that environment."

As for running while at LLU, that's just something she was planning to do on the side. "But over time my running improved, and the LA Marathon, well, that just sorta happened."

Marathon life

Three hours and eight minutes. The total time it took Reyes to run her first ever marathon in Santa Rosa in 2014. Since then, Reyes, a Northern California native, has run five other marathons and has progressively gotten better — with the exception of the Boston Marathon in 2015.

Reyes says finishing that race was daunting. "Rain, 40 degree temps and wind. It was a fight to finish."

Trying to keep a 12-minute mile for the last five miles in Boston was challenging and it landed her in the medical tent with hypothermia and severe leg cramps. "But I finished, and I want to do it again."

“... RUNNING WHILE AT LLU WAS JUST SOMETHING SHE WAS PLANNING TO DO ON THE SIDE. “BUT OVER TIME MY RUNNING IMPROVED, AND THE LA MARATHON, WELL, THAT JUST SORTA HAPPENED.”



Before running the LA Marathon, her personal best happened in 2016 at the San Francisco Marathon: two hours and 50 minutes.

Reyes runs every day. Even with the pressure of school and interning, she runs 80 miles a week — 100 during the summer time.

As for this summer, Reyes spent her break training for the upcoming Chicago Marathon, which takes place October 8.

In July, Reyes was part of an organized training session in Mammoth with other professional athletes and even Olympians from the 2016 Rio de Janeiro Olympic Games.

She was able to train with elite marathoner and Olympian Deena Kastor, who won the bronze medal in the 2004 Olympic games, and her husband, Andrew Kastor, also a marathon runner.

"Training in Mammoth was challenging with the hills and thin air, but I believe it made me stronger," Reyes says. "I look to the Chicago Marathon with a positive mindset."

An olympic vision

Training in Mammoth has served more of a purpose than just teaching Reyes how to run faster and with more technique in hopes of running a successful marathon in Chicago — it has made the 2020 Olympic games a reality instead of a dream.

Reyes says that getting to know and training with Olympians really excites the spirit within her. "I discovered their hidden strengths and fire within their souls," Reyes said. "An Olympian can appear ordinary but they have that special switch they turn on during hard training and races allowing them to perform their best." "I also have that switch."

In addition to being a highly competitive 26.2-mile race, the Chicago Marathon is also a pre-qualifying race for the Olympic Marathon Trials. The race time needed to qualify is two hours and 45 minutes — eight minutes slower than her LA Marathon finishing time.

Reyes is dedicated. "As long as I stay healthy, my training goes as planned and conditions on race day are good, I am confident that I can finish under 2:45."

Reyes says she was elated to be able to train with some of the world's best athletes in hopes of qualifying for the Olympic Marathon Trials.

"I thank God each day for the opportunities that have come my way."

Follow Joanna's training on her blog at joannagreyes.blogspot.com.

DEPARTMENT OF PHARMACEUTICAL AND ADMINISTRATIVE SCIENCES (DPAS)

Faculty Publications 2016-2017



1

1 ADEOYE, OLAYEMI

J Silpanisong, D Kim, JM Williams, **O Adeoye**, R Thorpe, WJ Pearce. American Journal of Physiology (Cell Physiology): Chronic hypoxia alters fetal cerebrovascular responses to Endothelin-1. Published 31 May 2017 Vol. no., DOI: 10.1152/ajpcell.00241.2016

[Selected as the top paper of the month in AJP-Cell]



2

2 DAVIS, WILLIE

Badal, S.A.M., Valenzuela, A.M.M., Zylstra, D., Huang, G., Vendantam, P., Francis, S., Quitugua, A., Amis, L.H., **Davis, W.**, Tzeng, T-R.J., Jacobs, H., Gangemi, D.J., Raner, G., Rowland, L., Wooten, J., Campbell, P., Brantley, E., and Delgoda, R. Glaucaubulone glucoside from Castela macrophylla suppresses MCF-7 breast cancer cell growth and attenuates benzo[a]pyrene-mediated CYP1A gene induction. Journal of Applied Toxicology. 2017. J. Appl. Toxicol. [Epub ahead of print]

Moldovan, C., Weldon, A.J., Daher, N.S., Schneider, L.E., Bellinger, D.E., Berk, L.S., Herme, A.C., Arechiga, A.L., **Davis, W.**, and Peters, W.R. Effects of a Meal Replacement System Alone or in Combination with Phentermine on Weight Loss and Food Cravings. Obesity. 2016 24(11) pp. 2344 - 50.

3 GAVAZA, PAUL

DM Adkins. **P Gavaza**, S Deel. Attitudes of nursing facilities'



4

staff toward pharmacy students' interaction with its residents. The Consultant Pharmacist, 2017, 32(6): 360-366(7).



5

BJ Distelberg, ND Emerson, **P Gavaza**, D Tapanes, WN Brown, H Shah, J Williams-Read, and S Montgomery. A cost-benefit analysis of a family systems intervention for managing pediatric chronic illness. The Journal of Marital and Family Therapy. 2016 July: 42(3): 371-382. [Nominated for top five Journal of Marital and Family Therapy Best Article of 2016 Award]



6

4 MASKIEWICZ, VICKI

Veillette, J.J., Winans, S.A., Forland, S.C., and **Maskiewicz, V.K.** A simple and rapid RP-HPLC method for the simultaneous determination of piperacillin and tazobactam in human plasma. J. Pharm. Biomed. Analysis, 131, 80-86, 2016.

5 PINDER, JIM

Pinder, J. Pharmacy Law Updates 2016. California Journal of Health-System Pharmacy (January/February 2017, Volume 29, No. 1).

Pinder, J. Clinical Christianity. Christianity & Pharmacy (December 2016, Volume 19 Issue 2).

6 SHI, WEI-XING

dela Peña ID, **Shi WX** (2016). Chemogenetic approach to model hypofrontality. Med Hypotheses. 93:113- 6.

DEPARTMENT OF PHARMACY PRACTICE (DPP)

Faculty Publications 2016-2017



1

1 HAYATSHAHI, ALIREZA

H Cheung, A Uniat, N Chan, M Radfar, F Zough, **A Hayatshahi.** Cardiovascular disease prevention in patients with diabetes: Is clinical practice adherent to the guidelines? Pharmacotherapy. 2017; 37 (6).



2

2 NGUYEN, LEE

Kim TE, Shankel T, Reibling E, Paik J, Wright DJ, Buckman M, Wild K, Ngo E, Hayatshahi A, **Nguyen L**, Denmark K, Thomas T. (2017) Health care students interprofessional critical event/disaster response course. Am J Disaster Med. 12(1):11-26. DOI:10.5055/ajdm.2017.0254



3

4 ZOUGH, FARNOOSH

Nguyen L, Gavaza P, **Zough F, Hong L.** Evaluating the Impact of Early Initiation of Combination Rifaximin Therapy in Hepatic Encephalopathy Patients: A Pilot Study. California Pharmacist Journal 2016; 63(4): 30-35. .



4

3 SIERRA, CAROLINE

Sierra CM, Adams J. The influence of an academic pharmacy mentorship program on mentees' commitment to pursue an academic career. Am J Pharm Educ. 2017 Feb:81(1).

Sierra CM, Tan R, Eguchi J, Bailey L, Chinnock RE. Calcineurin inhibitor-and corticosteroid-free immunosuppression in pediatric heart transplant patients. Pediatr Transplant. 2017 Feb:21(1). doi: 101111/ptr.12808.



4

NEW FACULTY

CJ JACOBSON, PHARM D

Dr. Jacobson was a 2015 graduate from the Loma Linda University School of Pharmacy. Upon completion of his Pharm.D, he traveled to the east coast to North Carolina to complete a Primary Care residency at the W.G. (Bill) Hefner Veterans Affairs Medical Center. Due to his passion for diabetes management, Dr. Jacobson followed up his PGY1 residency with a pediatric endocrine fellowship at LLUSP and worked with SoCal Diabetes (a private practice diabetes clinic) on many cutting-edge research projects. In July, 2017 Dr. Jacobson began as an Assistant Professor with the Department of Pharmacy Practice at LLUSP where he will teach the Self-Care I and Endocrine courses during the 2017-2018 academic year. In addition, he will be integrating as a pharmacist into the Loma Linda University Pediatric Diabetes clinic.





PURSUING HIS PASSION: DR. WILLIE DAVIS BECOMES DIRECTOR OF ACADEMIC SUPPORT

By Jen Mathew

After serving as Chair of the Department of Pharmaceutical and Administrative Sciences for the last five years, Willie Davis, Jr., PhD, made the decision to leave the post in order to take on a new role as Director of Academic Support at LLUSP in July of this year. He explains what prompted him to make the change and describes his vision for the services his office will provide.

Why did you choose to move from Department Chair to Director of Academic Support?

It was a no-brainer for me. It was an opportunity for me to spend my time every day doing what I love most, which is helping students to be successful and by doing so, also helping our program. These are two things I care very deeply about. I enjoyed my time as department chair, but this is, frankly, what I believe God has gifted me to do. If I can come to work and do what I think is important and I have the appropriate skill set and passion for, it's a win-win-win.

What is your philosophy about academic support?

When I think about student support or student success, I start with the assumption that every student we accept is qualified to be here, has a desire to complete a PharmD program, and has a desire to serve as a pharmacist. This makes my job fairly easy, because I assume I am dealing with someone who is supremely motivated to be successful. Then, if I encounter a student who is struggling, I can eliminate a few things immediately — it's not because they're unmotivated or unqualified. There must be something else going on. With that in mind, I begin to think about the things that impact student success. My experience over the past 13 years has been that it is fairly evenly divided between some academic issues and a host of non-academic issues.

While they are all qualified, students come here with varying degrees of preparation and ability. My job is to first identify very early on which students may have trouble, in a sense, doing some triage, trying to figure out who might need more help than others. But along with academic issues, there are non-academic issues students encounter that will negatively impact their ability to be successful: family issues, financial issues, stress, anxiety, and so on. Any one of those can cause a very good student to struggle. So, I must engage with students, earn their trust, let them know I care, and then look at those academic and non-academic factors and see where I can help.

If you were to describe your job to an outsider, what would you say?

It's simple: my job is to help students achieve the degree of success that they want to achieve and that God has ordained for them so they can serve Him.

What plans do you have for this office and the services it provides?

The services will begin before students land on campus. They will be enrolled in an on-line testing and tutoring platform that will allow them to self-study and review topics from undergrad, like math, biology, chemistry, organic chemistry, etc. That's before they even get here. I've also sent emails to our incoming students, trying to learn a bit about them and build relationships with them.

When they arrive on campus before classes start, students will take a diagnostic exam covering several subjects, and afterwards the students will, again, have the opportunity to do self-study in the areas they have not performed well in. This will allow them to gain a bit more confidence in those areas before the pressure of trying to navigate their way through the program begins.

We will monitor academic performance in ways we haven't done before. We will use data from Canvas, our learning management system, to get early warnings for students who are having difficulties. We're going to have both PCOA and NAPLEX tutorials out of this office. The Rho Chi tutoring program, which is our peer-tutoring program, will be partially administered out of this office.

I plan to visit every class to get measurements of student engagement and feed those back to the faculty. I want to help faculty improve at engaging students because that's part of the process of student success as well.

But my biggest plan is to create an office where the door is open, where students know they can come in without feeling judged. I want to have a very personal touch to the services my office provides. I've been blessed to get to know the PY1 students in my biochemistry course very well, but I often lose touch with them as they move



“MY JOB IS TO HELP STUDENTS ACHIEVE THE DEGREE OF SUCCESS THAT THEY WANT TO ACHIEVE AND THAT GOD HAS ORDAINED FOR THEM SO THEY CAN SERVE HIM.”

through the program. Well, that's not going to happen anymore now that I will be in this office. Every student will stay my student, even after they leave my biochemistry course.

Sounds like you've been very diligent and purposeful in your plans for this office. It's obvious you are very enthusiastic about this work.

Yes. I am truly so excited and blessed to be able to do this. It is a dream job. This is where I want to be, and this is where I see myself for the rest of my career, which I hope is a long time here.

ONE HOMECOMING THE FIRST OF MANY TO COME

By Jen Mathew

For years, Loma Linda University Health President, Dr. Richard Hart, dreamed of combining the annual alumni reunions for each of the eight schools on campus into a single, grand homecoming event. That dream was finally realized in March, 2017. Months of planning and spreading the word paid off when over 2,000 alumni reunited with former classmates, coworkers, professors, and friends from various programs at Loma Linda University.

Events for the One LLUH Homecoming weekend began on Thursday, March 2, with continuing education courses, a Cardiology symposium and research poster presentations. But that evening, the entire community was invited to the official kick-off event at the Drayson fields for food trucks, carnival games and informational booths sponsored by various LLU programs as well as a concert by the local bluegrass/gospel band "Wedgewood Trio."

Friday's schedule started with a "Mission Emphasis Breakfast," followed by the keynote address by U.S. Surgeon General Vice Admiral Vivek H. Murthy. The day also included more C.E. opportunities, a scholarship luncheon, school tours, and a vespers program.

After special Sabbath church services, over 1,600 people were served at an impressive haystacks buffet. After vespers that evening, alumni opted to either attend the "Loma Linda's Got Talent" show or attend dinners organized by some LLU schools for particular honor classes.

The School of Pharmacy honored the classes of 2007 and 2012 with a dinner at the Mission Inn Hotel and Spa in the city of Riverside where alumni and their guests



enjoyed the opportunity to eat fine foods, catch up with friends, and meet the new Dean of the school.

The last day of Homecoming, Sunday, began with a 5k run throughout Loma Linda and several more research presentations, continuing education courses and other individual School gatherings.

The events of the long weekend were so well-attended, and responses from alumni were so positive that planning is already underway for another all-inclusive alumni reunion, slated for February 26 to March 4, 2018. Look for more information regarding events scheduling and honor classes soon!

ALUMNUS OF THE YEAR: DEKABO SABA

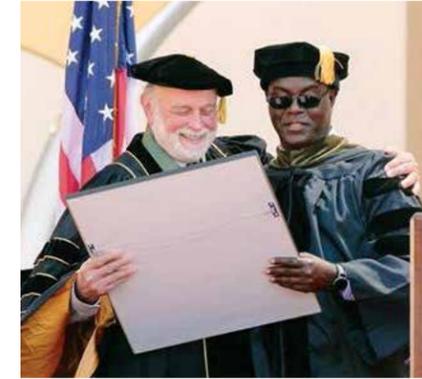
By Jen Mathew

Born and raised in Ethiopia, Dekabo Saba, PharmD, RPh, BSRT, RCP saw a great discrepancy between the ways medicine and pharmacy were practiced there and in the United States. After receiving his BS in respiratory therapy in 1999 and subsequently graduating from Loma Linda University School of Pharmacy in 2007, Dr. Saba returned to his African homeland and made it his mission to change lives, one person at a time.

While he lived with his family in Ethiopia for several years, Dr. Saba focused on education by providing guidelines for certain disease states to pharmacists and other healthcare professionals in Africa, teaching them how to manage, treat and prevent diseases. He also worked with pharmacy boards in Africa to develop laws for pharmacists, pharmacies, and drugs. With assistance from many Seventh-day Adventist donors in the United States, Dr. Saba developed a brand new, one-of-a-kind pharmacy in Ethiopia with current technology and equipment.

Dr. Saba now lives with his wife and five children (all boys) in Beaverton, Oregon, where he works as both a pharmacist and respiratory therapist. He is a part-time pharmacist for Rite Aid, and he owns and runs two medical care homes, one of which is a ventilator assisted medical care home. He is also involved with the ReachAnother foundation, based in the U.S., which increases access to healthcare and education for the world's poorest citizens of Ethiopia.

For the past four years, Dr. Saba has been voted "Favorite Pharmacy Team Member" at Rite Aid by its customers. In addition, he was named a "Worldwide Leader in Healthcare" as well as "Top Pharmacist and Respiratory Therapist" by The International Association of Respiratory Therapists.



In recognition of his exemplary service to others and dedication to making man whole, Dr. Dekabo Saba was named 2017 LLUSP School Alumnus of the Year. So that they might witness the momentous occasion when he was presented the prestigious award, Dr. Saba brought with him his four eldest sons to the LLUSP commencement ceremony in May. They beamed with pride as they watched their father receive well-deserved recognition for a life of purpose and passion.

IF ETHIOPIA WERE YOUR HOME INSTEAD OF THE UNITED STATES, YOU WOULD ...

- Have 12.9 times higher chance of dying in infancy
- Be 3.5 times more likely to have HIV / AIDS
- Die 22 years sooner
- Make 98% less money

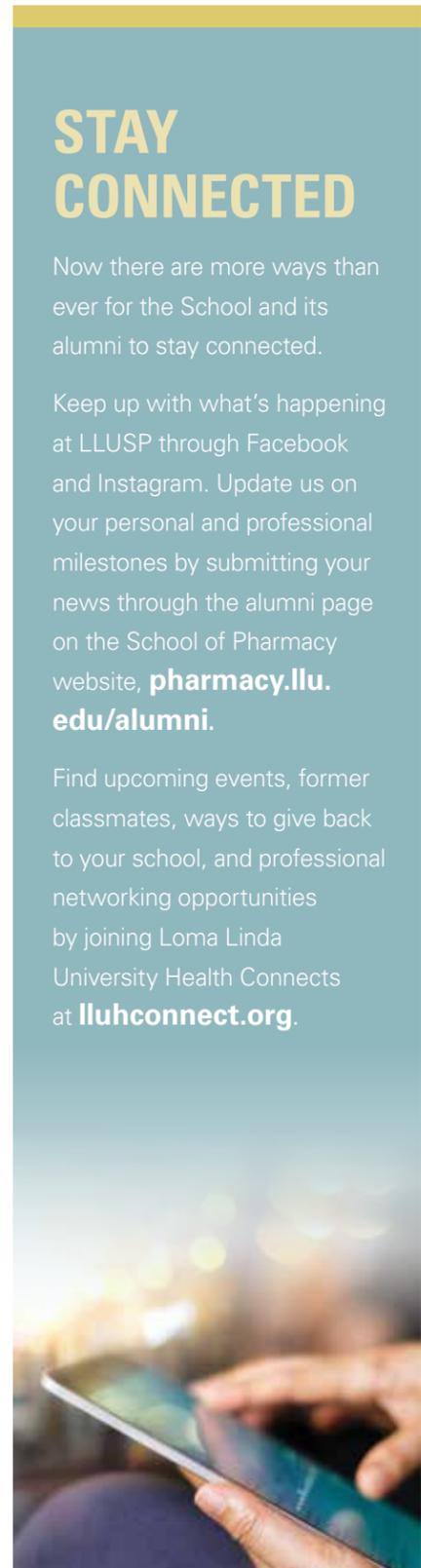
(Stats courtesy of ifitweremyhome.com)

STAY CONNECTED

Now there are more ways than ever for the School and its alumni to stay connected.

Keep up with what's happening at LLUSP through Facebook and Instagram. Update us on your personal and professional milestones by submitting your news through the alumni page on the School of Pharmacy website, pharmacy.llu.edu/alumni.

Find upcoming events, former classmates, ways to give back to your school, and professional networking opportunities by joining Loma Linda University Health Connects at lluhconnect.org.



CATCHING UP WITH ... CHRISTINA SMITH

By Jen Mathew

Because she has always loved children and wanted to work with them, initially Christy felt she should become an elementary school teacher. But after two years of teaching, she felt called elsewhere, to the field of pediatric pharmacy.

Following graduation in 2013 from LLUSP, Christy, a Loma Linda native, left southern California to embark on a residency journey. Her first year of residency was spent at Maine Medical Center in Portland, Maine. Thereafter, she moved to Washington D.C., where she completed a PGY2 pediatric residency program with an emphasis in critical care at the Children's National Medical Center.

After residency, she stayed another year at the children's hospital in D.C. to work as a clinical pharmacist in the cardiac and pediatric ICUs. Then in the spring of 2016, when her husband Shaun, who was in medical school, matched for a residency at Loma Linda Medical Center (LLUMC), they decided to return to the area. At the time, Christy was pregnant, so she flew to Loma Linda while Shaun drove across country with their belongings. A hectic summer followed when her husband flew back east for his medical school graduation and returned in time for Christy to give birth their baby girl, Olive. Soon after, Shaun began his residency program.

After maternity leave, Christy began working last September at LLUMC as a clinical pharmacist in the children's hospital, primarily rounding with the pediatric pulmonary team and also offering coverage in the cardiac ICU.

"I love rounding!" she says. "I enjoy working with the physicians, residents and fellows



“UNDERSTANDING THAT YOU DON'T KNOW EVERYTHING AND YOU MUST CONTINUE TO LEARN AND TO SEEK — THAT'S ESSENTIAL.”

to find the best possible care for patients. It requires a lot of brainstorming together to discover what's going on with the patient or what's best for the patient. It's like a puzzle that we're all trying to figure out. Especially with the really critical kids. In peds, there aren't a lot of established guidelines or data, so we do a lot of reading of case reports and literature searches. I feel like a large portion of my day is spent trying to find therapies that will work and literature to support it."

Christy also still uses her teaching skills in her present work. She co-coordinated and taught a pediatric elective at Shenandoah University School of Pharmacy in D.C., and there are plans for her to guest-lecture for the advanced pediatric elective at LLUSP in the spring of 2018. Of course, there are many opportunities to teach in the hospital to pharmacy and medical students and residents as well as practicing pharmacists and physicians.

Outside of work, and when she and her husband have time off together, they may be found traveling or hiking. "It's a lot harder these days to do these things with our busy schedules. My husband and I literally have one day off at the same time this month!" Nevertheless, they managed to visit Cuba in February 2017 and are already planning a trip to Columbia in a few months. At home in the States, the family of three have hiked such places as Yosemite and Mount Baldy.

Looking back over the years since graduating from pharmacy school, Christy says the biggest lesson she has learned is the importance of continuous discovery. "When you finish school, you think you know everything necessary to practice pharmacy, when really you come out and you know relatively nothing! School doesn't teach you everything; it teaches you how to learn. So, taking that process into the real world, and understanding that you don't know everything and you must continue to learn and to seek — that's essential."

WEDDING ANNOUNCEMENTS

TANYA (TAEFI) TADWALKAR (2009) married Rigved Tadwalkar on December 17, 2016 at the Ritz-Carlton Marina Del Rey with a traditional Hindu wedding ceremony and traditional western reception, necessitating two different dresses for the bride.



Rigved and I had the most memorable and magical day surrounded by our family and friends. We are now excited in our journey together as husband and wife and for all of life's adventures ahead.

CHANTELLE DAVIDSON (2008) and Kelly Davis eloped and were married in a private ceremony at Irvine Cove at Laguna Beach on May 3, 2017.



We are happy to join our two families with a total of six girls! We are embracing the opportunity to blend our lives together.

SHAWN SMITH (2017) and Brandie Vargas joined together in marriage on May 29, 2017 in Big Bear Lake, CA. Following the wedding, they spent ten days in the sunny, tropical U.S Virgin Islands.



MOHINI PATEL (2014) married Shyam Suchak on July 2nd 2017 after first meeting in 2014. Their wedding was held at the DoubleTree by Hilton in Ontario, CA and included both a morning ceremony and evening reception.



I feel so thankful to have found Shyam! He has brought so much joy into my life, and we were blessed to have been able to share that with our friends and family at our wedding. I can't wait to see what the future has in store for us!

IN MEMORY

Jose Martell (2009) was born November 19, 1969 and died December 3, 2016 in San Luis Obispo, CA.

ALUMNI BABIES



ELEANOR QUINN HOLLINGHURST
Born: July 20, 2017
Weight: 7 lbs, 1 oz
Height: 19.5 in

Parents: Emily (Everett) Hollinghurst (2012) and Christopher Hollinghurst

After 40 hours of induction and labor, Eleanor made her debut at 2:33 a.m. We are enjoying time at home together!



ARYAN ARTHUR SEFIDFARD
Born: August 31, 2016
Weight: 7 lbs, 4 oz

Parents: Anahita Mohammady (2010) and Salar Ryan Sefidfar

We are having a lot of fun with our little ball of energy. We are excited to celebrate his 1 year birthday soon!



DYLAN THOMAS GUNTHER
Born: May 2, 2017
Weight: 6 lbs, 8 oz
Height: 19 in

Parents: Larisa (2009) and Michael Gunther

Dylan is eager to grow up and play with his big brother Jake! He constantly tries to sit up and lights up the room with his smile.

HAVE NEWS AND UPDATES YOU'D LIKE TO SHARE? LET US KNOW AT PHARMACYALUMNI@LLU.EDU



For over 100 years, Loma Linda University Health has transformed lives with a clear vision of a healthier world. Today, we are boldly challenging ourselves to look toward what could be and create a more whole tomorrow. This intensified focus on our mission – through Vision 2020 and our \$360 million goal – will elevate education, clinical care, research and wholeness to new heights in our region and around the globe.

Educating for the Future

As we continue to attract the highest level of students and faculty, we strive daily to push the boundaries of excellence in education, service and wholeness. Our educational priority of Vision 2020 intensifies our focus on elevating excellence in education through increasing funding for scholarships, faculty development, new educational approaches and research discoveries.

Your support of education through Vision 2020 will help save lives, train the next generation of health care professionals and challenge the boundaries of research at Loma Linda University Health.

Learn More at LLUHVision2020.org

MANY STRENGTHS. ONE MISSION.
A Seventh-day Adventist Organization



LOMA LINDA
UNIVERSITY
HEALTH



LOMA LINDA UNIVERSITY

School of Pharmacy

Shryock Hall
24745 Stewart Street
Loma Linda, CA 92350



Loma Linda University Health

homecoming

One Loma Linda
2018

February 26-28 International Congress on Vegetarian Nutrition

March 1 Interprofessional Continuing Education

March 2 APC Continuing Medical Education begins

March 3 Sabbath Services - Homecoming Haystacks

March 4 5k Fun Run/Walk - Pancake Feed - Family Fun Fair

For more information, please call **909-558-5360**

Schedule subject to change