



LOMA LINDA UNIVERSITY School of Pharmacy NEWS CAPSULE

A newsletter for students, faculty, staff, alumni, and friends · West Hall · Loma Linda, California · (909) 558-1300 · Website: pharmacy.llu.edu

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Dear alumni and friends:

During the winter quarter 2008, our chapel series is focused on Loma Linda University's "Core Values." Most of you are aware of the acronym "J CHIEFS" as an aid to recall and help us focus on the seven values.

The "H" is for humility. Many philosophers have called humility the solid foundation of all values. Humility—or humbleness—is courteously respectful of others. It is the opposite of aggressiveness, arrogance, boastfulness, and vanity. Rather than, "Me first," humility allows us to say, "No, you first."

Humility lets us go more than halfway to meet the needs and demands of others—to be educated and knowledgeable, complete with degrees, and yet to be quietly confident, not boastful, as we serve others. Humility is all about acknowledging our shared accomplishments, but without arrogance or the self-congratulatory isolation that leads to pride.

Yogi Berra once remarked that you can "observe a lot by watching." Have you ever observed that the higher people rise and the more they have accomplished, the higher their humility index? Those who achieve the most, brag the least.

Here are a few suggestions for practicing humility:

- Listen to others.
- Give credit to others.
- Practice using phrases, such as "You are right."
- Correct yourself, not others.



At Loma Linda University, I'm surrounded by colleagues who have the ability to get the job done without drawing attention to themselves, and students and alumni who, in spite of busy schedules, routinely give the anonymous donation of their time in service to others. I observe administrative leaders who are humble servants. I observe random acts of humility extended to all regardless of position. Yogi was right, we *can* observe a lot just by watching! So, weave humility into the fabric of your life.

Continued success in all aspects of your personal and professional lives.

Sincerely,
Billy Hughes, PhD, dean

Governor appoints LLUSP professor to California State Board of Pharmacy



School of Pharmacy clinical faculty member Stanley Weisser was recently appointed to the California State Board of Pharmacy.

California governor Arnold Schwarzenegger released a list of his latest appointees on November 1. Among the appointees was Stanley Weisser, associate clinical professor of pharmacotherapy and outcomes sciences at Loma Linda University School of Pharmacy.

"The combination of serving on the State Board of Pharmacy in Sacramento and assisting with the education of pharmacy students in Loma Linda brings me much joy," says Mr. Weisser. "I worked as a pharmacist for 35 years; now I have a chance to participate at a different level and give back to the profession, while continuing my role in the community as a consumer advocate."

The California State Board of Pharmacy, founded in 1891, oversees all aspects of pharmacy in the state, includ-

ing the practitioner (pharmacists), the practice site (pharmacies), and the product (drugs and devices).

Mr. Weisser has served on the LLUSP clinical faculty since March of 2007. From 1969 to 2000, he served as president and chief executive officer of Network Pharmaceuticals Incorporated. He is currently a member of the Redlands Community Hospital and the University of Redlands boards of trustees—both located in Redlands, California. He is also a member and past chair of the Grove Charter High School board of trustees.

In 2005, Redlands Community Hospital named its newest building the Weisser Education Pavilion in recognition of the generosity of Mr. Weisser and his wife, Ellen. During that same year, Mr. Weisser received the "2005 Outstanding Citizen Award," presented to him by the San Bernardino County Medical Society.

SP students compete in skills competitions

Third-year pharmacy students Eian Lim and Jennifer Wu won the clinical skills competition at LLU School of Pharmacy, earning them the opportunity to compete at the state and national levels of the competition, according to Jerika T. Lam, PharmD, assistant pro-

fessor, LLU School of Pharmacy.

In October of 2007, the two competed at the state skills competition, held during the meetings of the California Society of Health-System Pharmacists (CSHP) in Palm Springs.

In December, they competed at the

National Clinical Skills Competition, held as part of the 42nd Midyear Meeting and Clinical Exhibition of the American Society of Health-System Pharmacists (ASHP), titled "Advances," which took place December 2 to 6 at the Venetian Resort and Sands Expo Center, in Las Vegas.

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New student lounge provides a place to meet and/or study

On Friday, September 21, 2007, the School of Pharmacy threw a pizza party to celebrate the grand opening of the new student lounge.

With the expert touch of Billy Hughes, PhD, dean of the School, and his wife, Marilyn, the room was transformed into a stylish—yet functional—area for students to socialize, eat, relax, and study.

The new student lounge features stylish furniture to accommodate eating, socializing, and study.

Comfortable recliners allow students to "put up their feet" after a long day of classes. Tables for eating and study are available. Wireless Internet is provided for students with laptop computers that are set up to utilize it.

Christine Curry, of Redlands, created a mural to liven up the lounge.

Ms. Curry says she really enjoyed

painting the antique labels and logos, as well as the various historical pharmaceutical elements.

"It was really fun to use some of the

students and faculty as models," Ms. Curry continues. "They seemed to enjoy it, and it makes the painting more personalized for the School."



Dr. Hughes (left) and associate deans Eric Mack, PhD (second from left) and Nancy Kawahara, PharmD (right), flank the student officers from each PharmD class.



Myletta McDonald (right), assistant to the director in the school's office of student affairs, serves pizza to pharmacy students as part of the grand opening celebration.



Christine Curry, a local artist from Redlands, created the mural above for the new student lounge. The mural is painted on two adjoining walls.



Eiann Lim and Jennifer Wu won the opportunity to compete at the state and national levels of the clinical skills competition.

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“I would like them to be recognized for their participation and efforts,” says Dr. Lam. “Most importantly, I would like to point out that they were competing as third-year pharmacy students against a nationwide pool of fourth-year pharmacy students.”

More than 90 schools of pharmacy were represented at the competition, with two individuals from each school making up a team. For their efforts, Ms. Lim and Ms. Wu received complimentary registration to the ASHP midyear meetings, as well as the opportunity to compete at the national level.

CPhA Outlook '08

The LLU School of Pharmacy was well-represented at the annual meeting of the California Pharmacists Association (CPhA), held in Sacramento February 7–10, 2008.

Attending the annual event, titled “Outlook 2008,” were LLUSP students, faculty, staff, and administrators.

Matthew Ancheta, Rommy Davalos, Nancy Fong, Michael Garispe, Nancy Kang, Larry Rutebuka, Thao Tran, and Jennifer Young made up the student delegation.

Representing the school in the patient counseling competition was Jennifer Young, who finished in a six-way tie for second place.

The student delegation, minus two members, competed in the annual student quiz bowl, making it to the final round ahead of the University of Southern California. However, the LLU

Professional and alumni notes ...

- **Jack Chen, PharmD**, associate professor of pharmacotherapy and outcomes science, was guest editor and wrote the lead article for the December 2007 issue of *Pharmacotherapy*, one of the most respected publications among pharmacy journals. His article was titled “New options and considerations in the management of Parkinson’s disease.”
- **Sharlyn Guillema, PharmD**, assistant professor of pharmacotherapy and outcomes science, has received her board certification from the American College of Clinical Pharmacy (ACCP). She is now a board-certified pharmacotherapy specialist (BCPS).
- **Nathan Painter, PharmD**, assistant professor of pharmacotherapy and outcomes science, has earned the title certified diabetes educator (CDE) from the National Certification Board for Diabetes Educators. Dr. Painter is the first faculty member in the School of Pharmacy to receive this certification, which augments his clinical practice and teaching role with an emphasis in the area of diabetes care.
- **Joel Thacker, PharmD, SP’06**, works as a clinical pharmacist at Dixie Regional Medical Center, near St. George in southern Utah. “We really enjoy where we live and plan to be here at least three more years,” he says. “Our family is well; Kristen, my wife, is a great mother; Sara, age 3, is crazy as ever; and Allyson, age 1, loves to walk and smile.”



Jack Chen, PharmD



Sharlyn Guillema, PharmD



Nathan Painter, PharmD



Jennifer Young finished in a six-way tie in the patient counseling competition.

team finished third, behind USC and the University of California, San Francisco, and ahead of the University of California, San Diego.

“Thank you to the student delegation for attending and raising the visibility for LLU,” says Eric Mack, PhD, associate dean for academic affairs.

Faculty join LLU School of Pharmacy

Lori Lyn B. Mendoza, PharmD, recently joined the School of Pharmacy's department of pharmacotherapy and outcomes science as an assistant professor.

She received her doctor of pharmacy degree from the University of Southern California (USC) in May of 1997. Prior to coming to Loma Linda University, Dr. Mendoza practiced in a variety of settings and has an extensive knowledge of practice in community retail settings.

Dr. Mendoza has worked for Sav-on Drugs, FedCo Professional Pharmacies, Wal-Mart, and Vons supermarkets. She also worked at Methodist Hospital in Arcadia, as well as at Daniel Freeman Memorial Hospital prior to graduating from University of Southern California.

Dr. Mendoza will teach the course "Over-the-counter Remedies in Pharmaceutical Care." She will also be involved in mentoring the introductory pharmacy practice experience for second- and third-year students.

In addition, she will work closely with Hyma Gogineni, PharmD, assistant professor of pharmacotherapy and outcomes science, in the development and affiliation of practice sites for

advanced pharmacy practice experience.

Dr. Mendoza met her husband, Dr. Tung Pham, at USC. He currently precepts first-year Loma Linda University pharmacy students at a retail store in Highland. They have two children: Alexandra, age 3, and Christopher, age 1.

Alan Connelly, MBA, has returned to the School of Pharmacy as assistant dean for finance and administration. He has worked at Loma Linda

University since 1997. Mr. Connelly began working at LLU for both the Graduate School (now Faculty of Graduate Studies) and the School of Pharmacy. He later worked for the School of Science and Technology.

He completed a bachelor's degree in business administration from Andrews University in 1992, and an MBA from La Sierra University in 1994.

Mr. Connelly is married and has a daughter, Allison, who is 4 years old. When not working, Mr. Connelly enjoys waterskiing and ice hockey.



Lori Lyn B. Mendoza, PharmD



Alan Connelly, MBA

School names associate dean for assessment and professional affairs

The LLU School of Pharmacy has named an associate dean for assessment and professional affairs.



Nancy Kawahara, PharmD

Nancy Kawahara, PharmD, who has served the School as chair and associate professor in the department of pharmacotherapy and outcomes sciences, will fill this new post.

The School's PharmD program received the maximum accreditation available for a new pharmacy degree program from the Accreditation Council for Pharmacy Education (ACPE) this past year.

"My new role will be to provide oversight for the assessment program at the School," Dr. Kawahara explains, "as well as oversee the ongoing development of a system for professional student development, which includes a student professional association and scholarships."

Dr. Kawahara's vision for her role as associate dean for assessment and professional affairs is "to develop a faculty-

driven assessment culture where assessment is an activity that faculty view as invigorating and rewarding, rather than as a chore." She will also encourage students and practitioners to "engage in meaningful dialogue" about pharmacy.



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Executive editor..... Billy Hughes, PhD
Associate editor Jim Pinder, MBA
Managing editor/layout Larry Kidder, MA

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Phone: (909) 558-1300 · Website: pharmacy.llu.edu
Address: West Hall, Loma Linda University,
Loma Linda, California 92350